

# RUTBA

E-magazine Credits:-  
Grishma Bhatia



Find out amazing and unheard incidents of your favourite celebrities. RUTBA means the real person behind your favourite celebrities.

*Deepati Gupta*

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# Journey



*From a young dreamer to a successful entrepreneur and community founder, Deepti Gupta's journey is one of resilience, dedication, and a passion for networking. Her story is an inspiration for women across India who believe in the power of dreams and the strength of a supportive community.*

*Deepti Gupta embarked on her entrepreneurial path in 2006 when she founded the Centre for Advanced Computing. Over the years, her training company has impacted the lives of over 26,000 employees and students, providing them with essential skills in various IT and non-IT technologies.*



**Deepti Gupta**

**July 2023**

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# Begginings

*In 2018, Deepti's passion for networking and her desire to empower women led her to create the Indian Working Women community. The vision behind this community was to create a safe space where women from all corners of India could come together, inspire each other, and work collaboratively towards personal and professional growth.*



At the heart of this thriving community lies the belief that empowered women are an invaluable asset to society. Empowerment, according to Deepti, is not just about individual success but about uplifting others. It's about women inspiring and supporting one another, transcending geographical barriers, and forming a strong emotional bond.



## Know more...



*For Deepti Gupta, dreams are not fleeting wishes; they are constant companions that drive her forward. Her future plans are entwined with her dreams as she envisions further growth and impact for the Indian Working Women community.*

*Beyond her professional endeavors, Deepti emphasizes the importance of health, beauty, and fitness. To her, these aspects are not about comparison or competition but about personal growth and well-being. "To keep the body in good health is a duty... otherwise we shall not be able to keep our mind strong and clear," she believes, and that is the secret to inner and outer beauty.*



**Deepti Gupta**

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# Accomplishment

*When asked about her likes and dislikes, Deepti expresses her love for traveling and networking. On the other hand, she despises hypocrisy, preferring genuine and authentic connections with others.*



*As a born and raised Delhite, Deepti Gupta's journey is a testament to the power of dreams, hard work, and a supportive community. Through the Centre for Advanced Computing and the Indian Working Women community, she has created spaces where thousands of lives have been positively impacted. Deepti's story is an inspiration for every woman who aspires to dream big, work hard, and uplift others along the way.*



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# Journey

*Dr. Dipikaa A Bhatia is a true inspiration and a living example of the power of determination and self-healing. As a cancer survivor with over 28 tumors in her large intestine, she faced the last stage of the disease head-on and emerged victorious. Dr. Bhatia's journey towards reclaiming her health led her to become a beacon of hope for many others struggling with various health disorders.*

Through her relentless efforts, she has been actively involved in educating communities on nutrition and cancer. Her workshops and seminars have reached diverse audiences, including RWAs, corporations, NGOs, and educational centers. Dr. Bhatia's impact has not been limited to the Delhi NCR region; her online presence has connected her with people from different countries like Canada, Australia, Dubai, London, Germany, and the USA.





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**Dr. DIPIKAA.A.BHATIA**

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# Life style

*Driven by her desire to raise awareness about cancer, she also founded the NGO "Aas Ek Prayaas" focused on cancer awareness. Dr. Bhatia has also taken on influential roles as the Vice President of Food and Nutrition at WICCI Delhi and as an Advisory Board Member of "Beingcaring NGO." Her expertise in food and nutrition has led her to be the International Chairperson for Food and Nutrition at MENTORx Delhi.*

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*Dr. Bhatia's impact has not been limited to the Delhi NCR region; her online presence has connected her with people from different countries like Canada, Australia, Dubai, London, Germany, and the USA.*

*Her contributions to society go beyond health, as she has been involved in community development and educational initiatives. Her NGO, "Aas Ek Prayaas," has touched the lives of many in slum areas, providing them with essentials like stationery, copies, slippers, blankets, and conducting health camps and educational programs for children.*



# Accomplishments

*Over the years, Dr. Bhatia's work has received widespread recognition, and she has been bestowed with numerous awards. Some of the notable accolades include being awarded "Best Dietician" by DQHP Directory of Qualified Health Professionals and "Best Vastu Expert and Cancer Fighter" by Gyan Kalash in 2018. Her story of triumph and motivation earned her the title of "Motivational Speaker" as a cancer winner from Navdrishti Times in 2019.*



*Her contribution to society and dedication as a social activist were recognized on International Women's Day when she was honored for her courage by Garnet and Gold (Women Influence) in 2019. Dr. Bhatia's selfless work for cancer awareness was acknowledged by RBM News, which awarded her as a "Social Activist" in the same year*





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**Dr. Dipikaa.A.Bhatia**

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# Know more...



*Dr. Bhatia is not only a remarkable health professional but also a loving mother of two accomplished children. Her younger son is a mechanical engineer at Asahi Breweries in Australia, while her daughter is a nurse and artist settled in Canada after getting married.*

*Dr. Dipikaa A Bhatia's remarkable work has garnered attention from the media and the entertainment industry. She has been featured in interviews on Noida FM Radio 109.8 and has anchored the "Life Possible Series" on Popcornflix India's YouTube channel, guided by Bollywood director Dr. Harvinder Mankkar Ji.*

*Dr. Bhatia's contributions to society and health have been recognized beyond India's borders. She has been honored with the "1000 Faces of Asia Womenovator" award at the Womenovator Entrepreneur Su*





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# Journey



*Dr. Pushpendra Pratap Singh embodies an amalgamation of positivity, optimism, unyielding diligence, dedication, passion, and kindness. Currently serving as the "Country Head" at Asia Shipping India, a Latin American multinational, he effectively leads teams across India. With over 24 years in the logistics industry, he has left an indelible mark on the shipping fraternity through his extraordinary contributions.*





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**Pushpendra Pratap Singh**

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# Achievements



*Known for his adept critical thinking and optimistic outlook, Dr. Singh's success transcends his professional achievements; he is celebrated for his compassionate and empathetic nature. Notably, he holds a Doctorate in Shipping and Logistics from the United Nations-affiliated World Peace Institute and has been honored with esteemed awards such as the "Bharat Shree Award" for his exceptional individual accomplishments and service to the nation. He is also recognized as the "Icon of Asia —Acharya/Business Mentor of the Year" in the Logistics and Shipping Industry, and the "Best Social Entrepreneur of the Year – 2022" by Hon'ble Dr. Kiran Bedi.*



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**Pushpendra Pratap Singh**

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# Know more...



*His philanthropic endeavors reflect his commitment to improving community welfare, as he generously supports individuals and NGOs. Dr. Singh's guiding principle, "कोशिश करने वालों की कभी हार नहीं होती" (Never give up on something you believe in), underscores his unwavering determination. He emphasizes the importance of harmonizing professional and personal spheres for a fulfilling life, asserting that success is an ongoing journey of self-mastery and prosperity.*



# Founder



**SHE IS REKHA JHA , A  
MOTIVATIONAL SPEAKER, PRANIC  
HEALER, POET, SINGER AND  
TEACHER. A PERSON WHO  
STRONGLY BELIEVES THT, ALL  
THAT HAPPENS, HAPPENS FOR  
GOOD THE FOUNDER OF UNIQUE  
ACADEMY , SOUL AND  
SMILE, SHIKSHA  
SAMAROH, BHARAT VISHVA GURU,  
MITHILAA MAHAAN , SPREAD THE  
WORD  
HERHYGIENE, R R POWER  
PUFFS, MIRROR- TALK SHOW. SHE  
HAS BEEN AWARDED WITH SO  
MANY RECOGNITION LIKE NAREE  
SHAKTI, SWEYM SIDHA, NAREE  
SAMMAN, ENTREPRENEUR OF THE  
YEAR ETC.**



**SOUL & SMILE**

*"One thought. can change lives"*



# RUTBA E-MAGAZINE MEET OUR TEAM



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*Founder*



*Grishma Bhatia*  
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*Rohit Bisaiya*  
*Senior Journalist*



SHIKSHA SAMAROH

**Rutba**