

# RUTBA MAGAZINE



RUTBA MAGAZINE WILL
HELP YOU TO KNOW
MORE ABOUT YOUR
FAVOURITE CELEBRITIES.
WELCOME TO RUTBA.
HERE YOUR FAVOURITE
CELEBRITIES WILL ANSWER
YOUR MOST AWAITED
QUESTIONS.

WRITTEN BY GRISHMA BHATIA

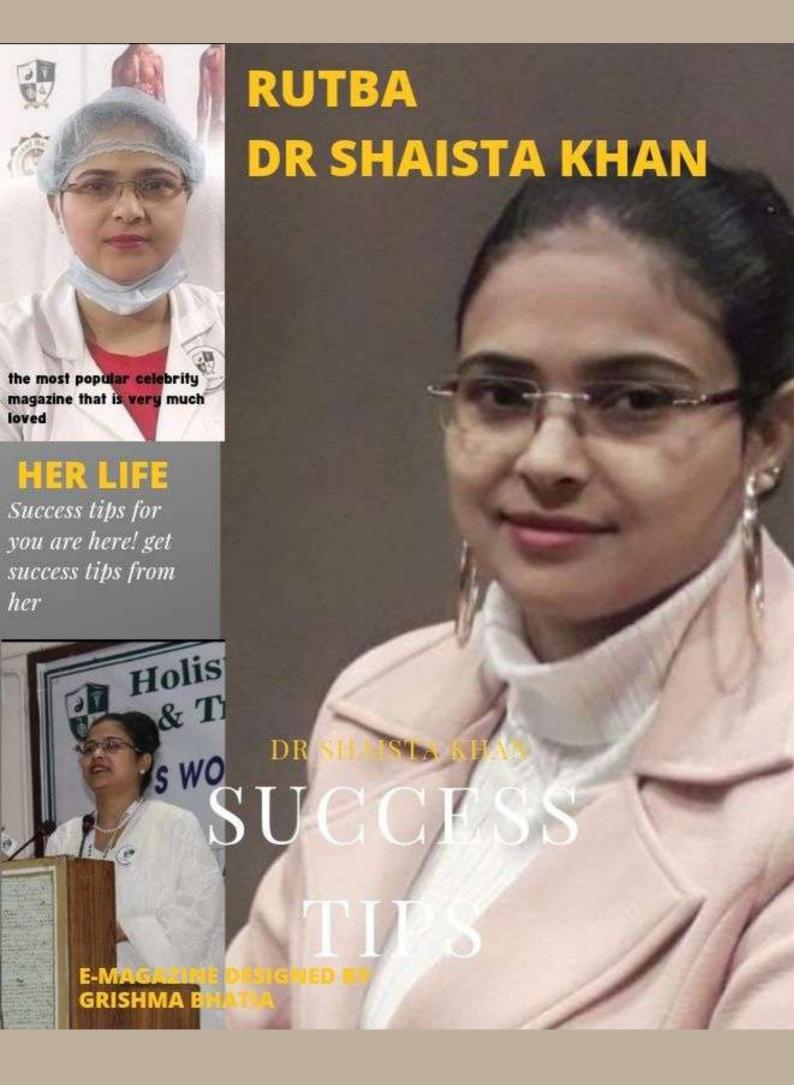


Simeon Joash Pillay



## SWEETY GUPTA

E-MAGAZINE BY GRISHMA BHATIA



#### DR SHAISTA KHAN

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#### **UPS And DOWNS**

Life is like a roller coaster ride.

Sometimes high sometimes down but the one who overcomes these ups and downs of life with laughter is the winner. Success is never easy to achieve. After a lot of struggle a person reaches some point. Dr. also saw many ups and downs in life. Sometimes it even felt like some dreams would never come true. But those who are hardworking, luck also kneels in front of them.

#### AWARDS



#### REWARDS





#### STORY OF SUCCESS

Dr. Shaista Khan is the name of the Holistic World with whom everyone is familiar today. At a very young age, Dr. Shaista Khan made an identity of her own apart from the world. Today Dr. Shaista is appointed in very important positions in very important Holistic organizations of the world. Not only this, she proved to the whole world that no one can match India in Ayurveda and holistic medicine even today. Dr. Shaista Khan is appointed as the Vice President in Holistic Healing Treatment and Training Organisation. She is making continuous efforts for women empowerment, women health and disease free India for which efforts are being made for free awareness camps, seminars, webinars, workshops, classes and others.



#### CHILDHOOD DREAMS CAME TRUE

Since childhood, it was my dream to do something for the women who could not study due to some reason or could not become anything due to early marriage. Therefore, at the time of school itself, the adult education center was started at home so that women could get education, but this dream was not limited to this. Today thousands of women are being trained not only. Rather, Dr. Shaista Khan and her entire team are supporting them to make them self-reliant and disease-free.My best friend Shri Virendra Rathi ji has had special support in making this dream come true.

#### SUPPORT And OPPOSITION FACED

Dr. Shaista Khan was born in such a society where it is considered more important than making girls doctor, when to get them married after school. Dr. Shaista's mother had died at a very young age. When Dr. Shaista decided to become Dr. then a lot of protests and controversies arose but her father and elder sister Azra Parveen supported him completely and stood like a rock with her but there came a day when even the shadow of her father got up from her head. This was a time where she had to fulfill her doctor's duty and also come out of this misery but her duty was first for her. Therefore, putting aside her suffering, she continued to serve her patients.

#### TIPS FOR UPCOMING ICON

Dreams are fulfilled by those who dream. So make sure to dream and work day and night to fulfill those dreams. Always believe in yourself and your ability. There is no dream that cannot be fulfilled with hard work and dedication. Always remember one thing... you are unique and there is no one in the world like you.

# HARD WORK AND FUTURE PLANS

HARD WORK And FUTURE PLANS DESIRES And DREAMS

Disease free and medicine free India is my dream. For which I have been engaged in research and practice for the last 14 years to not only motivate everyone to lead a disease free life, but also to form a group in which all the people help us in making the whole country not only disease free but the whole world. For this, our organization HHO and our partners in 40 other countries are supporting us in this campaign. I sincerely thank each and every person of my organization There are many dreams, there are many desires on which work is going on one after the other. The effort is that as long as my life is, I will continue to work for the good health of my country, society and my countrymen and before going from this world, I will educate so many people who will take this campaign forward and my dream as well. Jai Hind



By Crishma Bhatla

#### **GWEETY GUPTA**



I started singing at the age of 10. I sang ram bhajan when i was in class 4th the first time and i got the first prize that was my first songing Performance that time i was not having any music training after that at the age of 15 my hindustani classical training began Since Music have been a part of my life then i polished my self i've done sangeet prabhakar in hindustani classical vocal then i did MA Music from SNDT university MUMBAI to know much about the music theories and i started live shows as freelancer vocalist/performer with different bands and have done more than 150+shows across the India And i have done youtube collaboration with different labels I've done Internship in Music Production

Winner of National singing competition organize by RaiseofMic2015 RaiseofMic2015 And Panchii entertainment 2021 Sang Subramaniyanm mantra for Swastik Production House 2022

\*Acting

At the age of 12 i did ramilia for the first time or you can say i started my acting career

Now it's been 14 year Ramilia gave me the stage confidence and I got a lot of recognition from Ramieela I did the lead character "Maa Seeta" in World's biggest ramilia "Ayodhya ki Ramieela 2022" Which was shown live on DD national other than ramieela I did music album for different youtube channel's. I've done theme based photoshoots I've worked with the "NAZARBATTU" and I've done short film for MX player.



#### SWEETY GUPTA

### **UPS AND DOWNS**

Ups and down is a part of life, if you want to achieve something big you have to deal with it but I've never stopped myself sometimes my studies got effected coz of my other activities I received supports from my friend's and teacher's.

And opposition from my family never wanted me to go in this feild they were not happy He stopped me a lot that I should not do singing and Ramlila Lack of support from family has been the biggest down point





Support and opposition faced I got support from my few friends only else I've never any kind of support from anyone i did everything by my own

E-MAGAZINE by Grishma Bhatia





About fitness and beauty
I'm more into my work then my looks
But yes i love to look perfect in any of
my show. My thing's has to be perfect
I like to maintain the personality
As an actor i have to take care of these
thing's but as an singer i take care of
my voice more than looks.

Tips for the upcoming icon to reach their dream:

Being focused, time punctual, and the mul mantra: Practice can make man perfect.

Their childhood dreams which came true, I don't know about the childhood but i dreamt so many things which came true now. I always wanted fan following which i am getting now when i was kid



#### **SWEETY GUPTA**

## HARD WORK

E-magazine by Grishma Bhatia

Hard work and future plans Hard work always pay off

I dont talk about the future plans coz know one knows about the future we just do hard work in present and our work make our future bright I just wanted to be a better person and

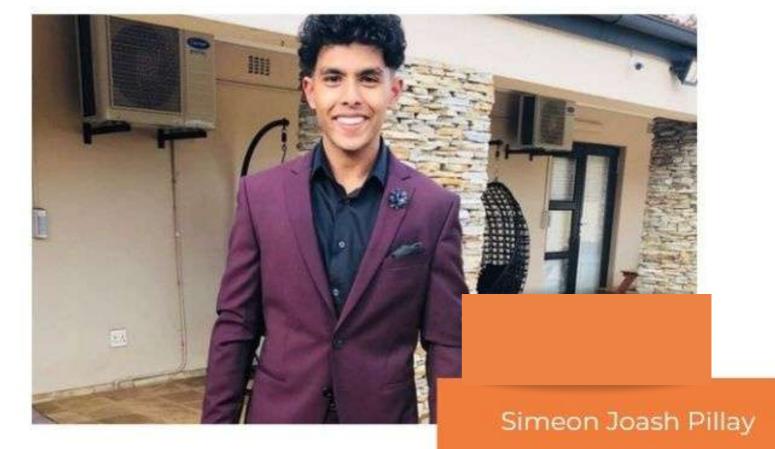
I want to open my music academy and i named that academy "Raagini- The Music Room " Raagini is my mother's name And the aim of the academy is to provide the good music education





I have so many dreams
I want to work with a big labels as a singer
I want to work in a mytho show as a actor
And my all time big dream is I want to sing
with Sonu nigam ji





#### Fitness and Health

I'd like to consider myself an individual with high expectations. So when it comes to my diet and exercise I ensure that I'm on top of my game. I view my body as a temple which needs to be nurtured in order to produce high performance. Consistent exercisecise and a healthy diet allows me to keep a healthy balance in my day to day life.

#### **Current Updates**

I am currently working on a Non-profit organisation which will be used to draw in the youth of South Africa to help uplift their communities through giving back in the sense of helping the underprivileged.

#### **Tips**

There are two important things that matter the most on the road to becoming an icon.

One being consistency and the other being persistence. If you harness your energy and focus on these two aspects no obstacle will ever be too great for you to conquer.

To be brutally honest I find that waking up everyday is a dream on its own. However, my childhood dream which came true had to have been when I was afforded the privilege of visiting New York City. It was everything that I imagined and so much more!

#### Ideal

My ideal would be to bless as many people in the world as I can before my time on Earth is up. My family has instilled the values of generosity in me and I strive to live it everyday.





#### Works

The first time that I worked hard and achieved success was through becoming the title holder of one of the most prestigious competitions in South Africa, the Mr India South Africa competition. We had to complete 20 tasks to the best of our ability in order to get to the final stage of the competition. All my hard work definitely paid off as the opportunity allowed me to meet celebrities and dignitaries such as the Consul General of India, Mr. Anish Rajen.

#### Opposition FACED

The only opposition that I face would have to be my limiting beliefs. As much as we can blame others it will never be wise to wait on them to change. Instead of worrying about how to overcome difficulties in my personal capacity I choose to pray for wisdom and somehow God reveals the answers to me.

#### Life Story

Life is a journey full of unexpected highs and lows. I tend to look at life with an open mind as I embrace the lowest valley as well as the highest mountain that looks me straight in the eye. One of the lowest points in my life would have to have been with the passing away of both my grandfather's as they were an integral part of my upbringing however, they will not be forgotten. Moving on to the brighter side of life.

One of the highest points of my life will have to have been the point at which my company hit its highest turnover in annual revenue in 2021. God willing I'll grow from strength to strength and develop a higher business acumen.





#### Childhood Moments

When I think back to my childhood days there are countless memories that come rushing in. I think one of my most prized childhood moments would have to have been when my little sister Atarah Syeira Pillay was born. I was an only-child for twelve years so when she came it was a complete turn around for my entire family. However, she brings so much joy to us all and I cherish her with all my heart.

#### Goal of Life

My ultimate goal in life is to create a selfsustaining non-profit organisation which will house hundreds of orphans in which they will be afforded the opportunity of pursuing their dreams and passions. These orphanages will be housed in twenty different countries throughout the world.

#### More about Me

My parents currently reside in Saudi Arabia and they have entrusted me with running their construction company. I've been brought up in an entrepreneurial household so I think it's safe to say that it flows through my veins. In conjunction with running the family business I'm also in my second year of studying a Bachelor of Commerce degree in Accounting.

#### Hard Work

As a young and ambitious entrepreneur hard work is an essential component of running a successful company. Everyday I get one step closer to achieving my long term goal of building an empire which will be recognised globally.

# Founder



SHE IS REKHA JHA, A
MOTIVATIONAL SPEAKER, PRANIC
HEALER, POET, SINGER AND
TEACHER. A PERSON WHO
STRONGLY BELIEVES THT, ALL
THAT HAPPENS, HAPPENS FOR
GOOD THE FOUNDER OF UNIQUE
ACADEMY, SOUL AND
SMILE, SHIKSHA
SAMAROH, BHARAT VISHVA GURU,
MITHILAA MAHAAN, SPREAD THE
WORD

HERHYGIENE,R R POWER
PUFFS,MIRROR- TALK SHOW. SHE
HAS BEEN AWARDED WITH SO
MANY RECOGNITION LIKE NAREE
SHAKTI,SWEYM SIDHA,NAREE
SAMMAN, ENTREPRENEUR OF THE
YEAR ETC.





SOUL & SMILE

"One thought, ean change lives"

### **RUTBA**

What is RUTBA? RUTBA is a person's status. And a person is facing a lot of difficulties to make his/her status well. We are launching a new initiative named RUTBA to show you that how much your favourite stars faced problems to make a good status. And we are going to tell you this through Emagazines on the basis of fortnight.

## RUTBA

#### MEET THE TEAM!



Rahul Suri, Event Director



Rohit Bisaiya, Senior Journalist



Areeba Aftab, Team Leader



Rekha Jha, Founder



Grishma Bhatia, Team Leader



Khushi Mishra, Team Leader