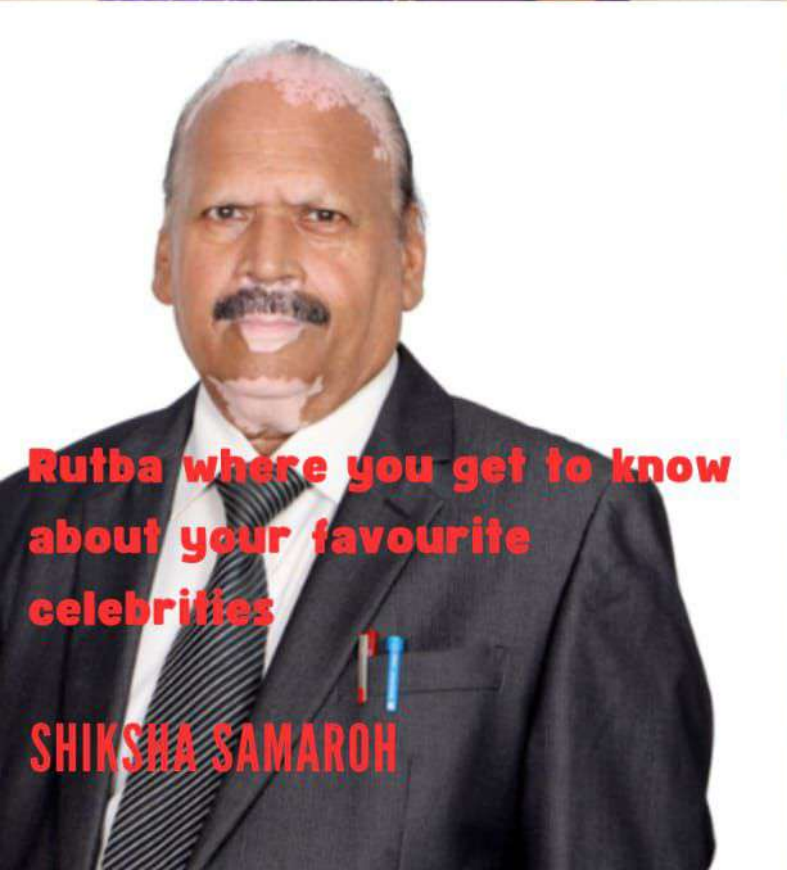


# RUTBA

MONTHLY E-MAGAZINE  
2023



FOUNDER  
REKHA JHA



Rutba where you get to know  
about your favourite  
celebrities

SHIKSHA SAMAROH



MAGAZINE HEAD

Grishma Bhatia  
Arushi Mukhopadhyay  
Harshita Jadaun  
ROHIT BISAIYA

# RUTBA

MONTHLY E-MAGAZINE

August 2023



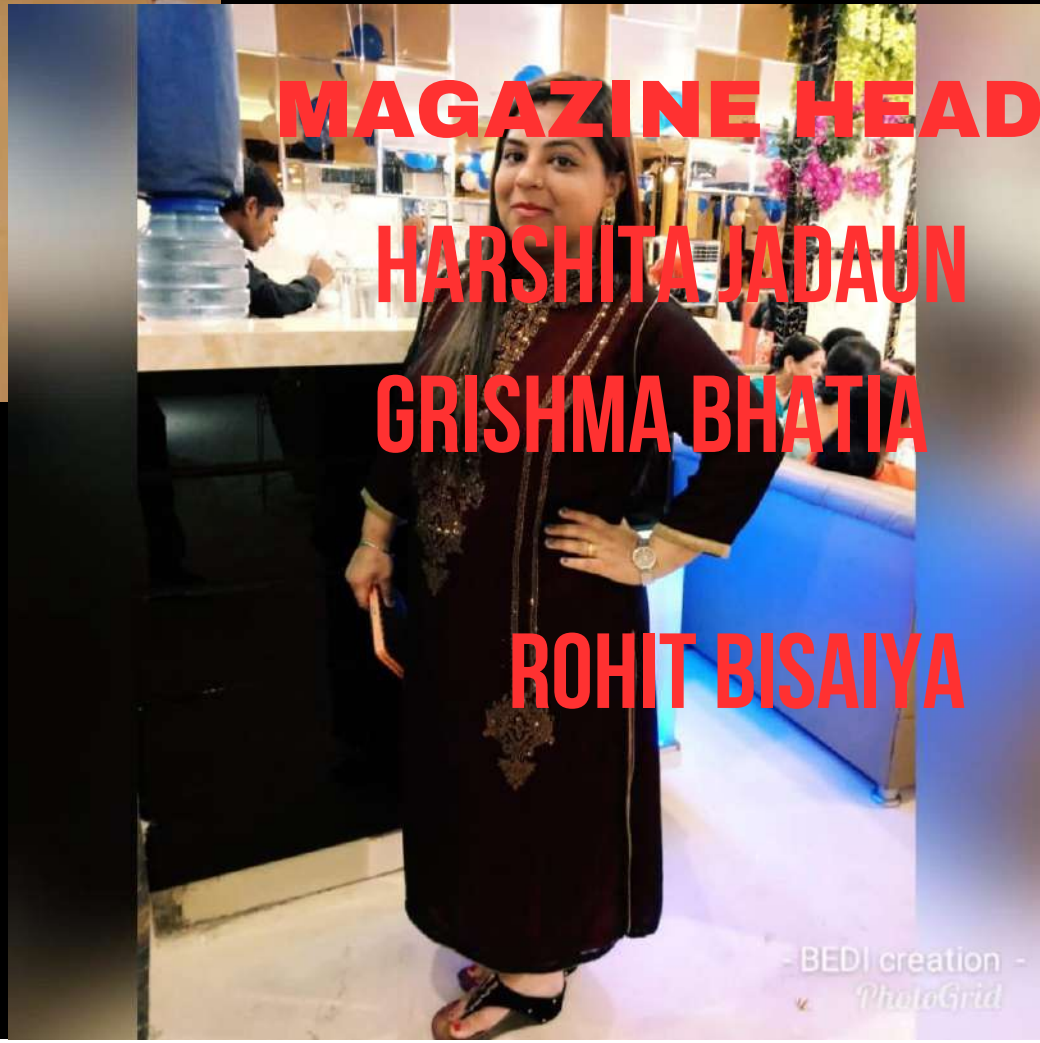
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August 2023

E magazine credits:  
Harshita jadaun

# RUTBA



Mamta grover

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Contact us for collaboration :-  
samarohshiksha@gmail.com

August 2023

# Introduction

Name: Mamta Groverr

Age: 44 yrs

Place: Delhi

Likes: Reading Books,  
Painting and Crafting,  
Hanging out with friends

Dislikes: fake people,  
animal cruelty, being  
ingnored, negativity on  
social media

Health, beauty and  
fitness: All three things  
are important for us.

But due to our  
involvement in our  
professions , sometimes  
I fail to maintain all  
three equally.



*E-magazine credits :-  
Harshita jadaun*



cont.

Mamta has more than ten years of teaching experience as an Art Teacher. She is an artist and an expert in drawing different types of paintings. She is a social activist and has been facilitated by the Ministry of Health and Family Welfare for actively participating in social awareness programs. She has exposure in Design and Merchandise of fashion accessories too. Specialized primarily in drawing and painting, yet she has a keen

interest in design and styling. With a constant eagerness to gain knowledge and experience and as well as an eye for visual aesthetics, she is determined to pursue her ambition in the Art world by seeking opportunities in new and diverse environments. Her Artwork is much appreciated on social platforms and she has a huge fan following. She is very passionate at work, always finding creative ways to express herself which is brought out very well in her paintings. Being a single parent of 13year old "Aditya", she has not left any stone unturned for being a true example of leading life with Conviction, Will Power and Compassion. Truly a woman of Substance in literal meaning.

Created her brand name \*Aditya'sCreations\*.in 2018

She is a member of SHE Connects.

She takes art classes online for Indian and outside India kids also

Recently conducted online drawing competition on 6th June 2021. And was a huge success where kids from all over India and outside also participated.

She is also an art educator of the world's first virtual academy Soul and Smiles

She is also a freelance journalist. Nazaredilli newspaper

She is also a part of Catharsis World (run and managed by NNMT). Where we teach underprivileged children painting, nurse courses, basic computer courses, etc

Make projects of school kids, bed files, canvas paintings, wall paintings, etc

Her mastery is in these different Artforms -

Oil Pastel colors art for kids

Poster/Acrylic Colors art for 13-16 Yrs

Indian Folk Art for 10+ Yrs and Adults

Glass color art on canvas for 14+ yrs and Adults

Turmeric Art for 14+ yrs and Adults

Word Art for 14+ yrs and Adults

She is a wonderful artist who is very organized and diligent with excellent interpersonal skills well known for her innovative techniques. She is a motivated individual who firmly believes in enabling children to achieve progress with each new innovative technique. She works hard with every child to bring out the best from each individual.

Recently being awarded 5th Dr. Sarojini Naidu(the nightingale of India) International Award For working women 2021





# Links

My fb page link

Aditya's Creations

<https://www.facebook.com/mamtagroverr/>



My profile link

<https://www.facebook.com/mamtagrover>

Instagram link

<https://www.instagram.com/adityasc creations08/>



My Google account

<https://g.page/r/CWxgNL1gSOS9EAO>

Pinterest

<https://pin.it/4Ef6uDi>

August 2023  
E-magazine credits  
Harshita jadaun

# RUTBA



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*Jasjeet Kaur Bedi*

Contact us for collaboration:-  
samarohshiksha@gmail.com

# Introduction

Name-Japjeet Kaur bedi ..

Age-35 years..

From DELHI

Ranibagh

I am a entrepreneur, a mother of two girls . I started my career in Jewellery Wholesale in 2013.

I was a pcb student who aspired to be a doctor but after my father death in my 12th standard my mother married me off at the age of 19 . It was an arranged marriage and I gave birth to my first daughter at the age of 20 and my second daughter at the age of 23.

I completed my undergraduate degree in B.Arts side by side with managing my house responsibilities





# Achievements

In 2015 I purchased a scooty of 56k INR with my own money. Then I had my laser surgery for specs removal costing around 75k. I beared all cost on my own. These achievements may seem small but for a person who was married this early completed studies mangaing home is a very huge achievement . In 2017 I rented a shop finally- BEDI COLLECTION SHOP . In 2018 I also purchased my car. My husband has supported me throughout my journey.

Recently in 2021 I also started my youtube channel as a family vlogging domain : BEDI FAMILY VLOGS



As for now 55 resellers are working under me . I feel very proud to acheive all of this . I supply jewellery to ladies for exhibition and to shopkeeper also. From starting my business with only 5k in 2013 to converting it to lakhs had been a long journey where i faces challenges, overcoming them with my family support which was always by my side. Now my only dream is to buy my own shop for my business

# Founder



**SHE IS REKHA JHA , A  
MOTIVATIONAL SPEAKER, PRANIC  
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SAMAROH, BHARAT VISHVA GURU,  
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SHAKTI, SWEYM SIDHA, NAREE  
SAMMAN, ENTREPRENEUR OF THE  
YEAR ETC.**



**SOUL & SMILE**

*"One thought. can change lives."*

SHIKSHA SAMAROH

**Rutba**

# RUTBA E-MAGAZINE

## MEET OUR TEAM



*Rekha Jha*  
*Founder*



*Grishma Bhatia*  
*E-magazine Head*



*Rohit Bisaiya*  
*Senior Journalist*



*Harshita Jadaun*  
*Graphic designer*

August 2023

E-magazine Credits:-  
Grishma Bhatia

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*Ramesh Goyal*

Contact us for collaboration:-  
[samarohshiksha@gmail.com](mailto:samarohshiksha@gmail.com)

**Name: Ramesh Goyal**

Environmentalist

B.A, B.Com, LL.B

Income Tax Practitioner

Founder & National

President, Paryavaran

Prerana

Water Hero



# About Him

Reputed Income Tax Practitioner and senior citizen (74) started Water Conservation Movement in 2008 at the age of 60. Government of India Jalshakti Mantralaya awarded him as “WATER HERO” in June 2020 and his name has also been recorded in INDIA BOOK OF RECORD 2021 as well as in OMG BOOK OF RECORD 2021 for Jal Chalisa, There is a confirmatory email dated 4.08.2021 for his record, titled, 'Grand Master ' in Asia Book of Records-next edition.



ICFAI University Sikkim conferred to him LIFE TIME ACHIEVEMENT AWARD on World Water Day 22.03,2023. Has been honored by the government of India Jalshakti Mantralaya as “JAL PRAHARI” on 29.3.2023.

The government of Haryana has nominated him as

# About Him



Advisor in State Program Management Unit, Atal Bhujal Yojana to be implemented by the Irrigation and WR department, Haryana on 21st Feb. 2022. He was appointed Global SDG Ambassador by the International NGO Unity of Nations Action for Climate Change Council (UNAccc) in March 2022.

UNAccc has also appointed him Director for SDG 4 and SDG 6 with the charge of Haryana, Delhi, Himachal Pradesh, and Odisha.

He is the founder and National President of Paryavaran Prerana having units in 17 States. He was National Secretary of Environment 2015-16/2018-19 of the unique social organization " Bharat Vikas Parishad", having 1700 branches throughout the country.



# Journey

He started in 2008 by going personally to Government & Private schools, colleges and other social and religious gatherings to educate regarding the importance of WATER, the reasons of its Scarcity, its necessity, and methods of water saving in detail. He has conducted more than 400 such programs throughout the country which including in Rural areas. More than 4 lakhs students, tutors, and residents throughout the country have been

directly educated under his gigantic leap. He has delivered such lectures in several states of India e.g. Haryana, Delhi, Gauhati (Assam), Rameshwaram (Tamil Nadu), Ujjain (M.P.), Varanasi (UP), and Udaipur, Nathdwara, Sri Ganganagar (Rajasthan). The figure crosses over ONE CRORE considering his talks through TV, Doordarshan, Radio, and newspapers. Several Rain Water Harvesting systems have been installed by his motivation.

# Journey

He has Presided Over, Chief Guest, and Chief Orator in more than 50 National level Programmes of different Universities and others including Special Guest of Honor in the International Webinar Conference held by UNAccc on World Earth Day on 22.04.2022.

He was a CHIEF ORATOR/SPEAKER in more than 50 WEBINAR PROGRAMMES held by including the Science & Technology Ministry. Govt. of India as well as Govt. of Haryana and different NGOs relating to the Environment since 2020. He was a Key Note Speaker at International Webinar Conference held by UNAccc on World Water Day on 22.03.2022.



He is also working for awareness regarding disadvantages of single use plastic and for not to use polythene bags. Thousands of cloth bags have been distributed to public to substitute polythene bags. He works for the Waste to Best and call for Refuse, Reduce, Reuse, Repurpose and Recycle

# Publications

1. He wrote जल चलीसा JAL CHALISA, duly readapted by C.M. Haryana in April 2012, 75 thousand copies of which have been published and FREE distributed and also shared to over one million persons on social media. The second video of Jal Chalisa was released by the Hon'ble Governor of Orissa Prof.Ganeshi Lal and the 4th video by Shri Satpal Maharaj, Spiritual Guru and Minister in Uttarakhand government.
2. It was published in JAL CHARCHA, Magazine of Jalshakti Mantralaya on last title page in Dec., 2019 issue and several other magazines and newspapers published it
3. Jal Chalisa is available on Youtube, google, yahoo, etc.
4. Jal Chalisa has been translated in 36 Indian and foreign languages including English, French and Nepali and has been published in a book form containing all one edited by Dr. Ashok Kumar Manglesh.
5. A booklet BIN PANI SAB SOON written by him was inaugurated by the Governor of Haryana in 2010.
6. 'Kyon aur Kaise Bachayen Jal' book is under publication.
7. A poetic creation named JAL MANKA with 108 Chaupais published in 2022 was inaugurated by Central Minister Nitin Gadkari on 14th June 2022 at Delhi..
8. Articles of water saving/conservation published in National & Local newspapers and magazines.
9. Several Rain Water Harvesting System units were established due to his efforts.
10. He has distributed/affixed more than 3.5 lakh pamphlets and More than 2000 Banners/flexes.

# Achievements

Zee News, DD News, DD Kisan, Doordarshan National Delhi, Doordarshan Kendra Hisar, DISHA TV, Astha Bhajan TV, Sarthi TV, Janta TV, CPN News, Sanskriti TV, Paras TV, Satsang TV etc. telecasting his conversations since 2010.

Dainik Jagran, Punjab Kesari, Dainik Bhaskar, The Tribune, Hindustan Times, Times of India, Aaj Samaj, Amar Ujala, Hari Bhumi and several other national and state level newspapers has published special appreciation feature on his efforts and movement.



# Achievements

Honored with the “Jal Star Award” 2011, District Administration, Several National and State Level organizations honored him with the “Social Justice Best Men Award”, “Diamond of India Award”, “Gem of India Award”, “Shri Chitragupt Samman 2017”, “Rashtra Ratan Award” and Dr. A.P.J. Abdul Kalam Rashtra Nirman Award” “Outstanding Award”, Saarthi Jal Yodha Samman, Agra Rattan Award 2018, “Sirsa Gaurav” in Sept.2019. Honored with ‘Vriksh Rattan Samman’ by Swadeshi Samaj Sewa Samittee Ferozabad (UP) in November 2021 and Bharat Mata Abhinandan Samman 2021 by Bharat Mata Abhinandan Sangthan Haryana. He was also honored with International Global Green Award on 21 Dec. 2021 by Life Line Environment Society UP. JAL Shakti Mantralaya announced him “JAL RAKSHAK” in August 2020. Life Line Environment Society UP and Somnath Nakshatra Vatika Trust Rajasthan jointly awarded him the WATER WARRIOR AWARD 2022 on 26th March, 2022. Spot Light Foundation Delhi and Manav Sewa & Shiksha Sansthan Delhi honored him with SPOTLIGHT AWARD 2022 on 27.03.2022. Nirmala Jal Sanrakshan Sarsawat Shiromani Samman 2022 on 25.09.2022 at Charkhi Dadri Haryana, Pragya Sahitya Sarjan Sammanat Kurukshetra on 13.11.2022. Pragya Sahitya Srajan Sammanon 13.12.2022 by Pragya Sahityik Manch Rohtak and was honoured by Krantidhara Sahitya Academy Meerut (UP) . He is honoured with PARYAVARAN SHRI by World Environment Council Delhi on 22.01.2023.

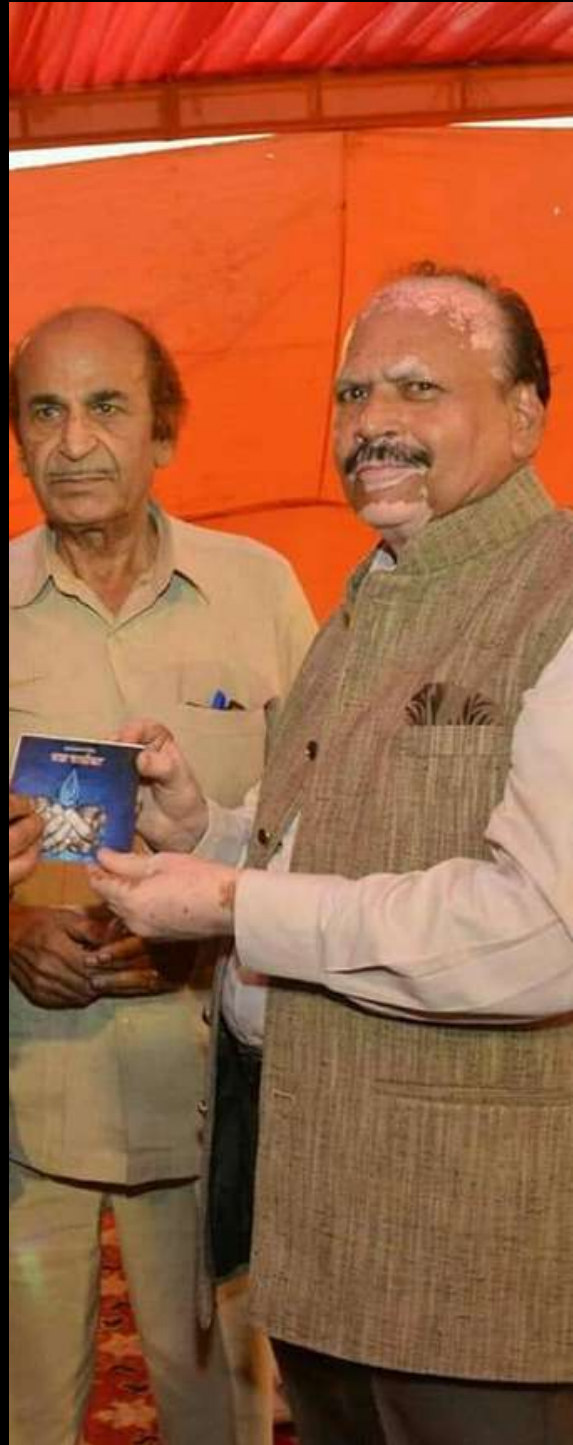
# His struggles and social vision

As a school student, he never bought a rough notebook but rather collected the papers left blank in his used fair notebooks for the preparation of fresh notebooks,

When in 10th class met his expenses by giving tuition to the students up to 8th standard. From 1968 to 1970 to support his family monetarily, he worked as a booking agent for picture calendars and aluminum nameplates, etc. He also sold lottery tickets in the open market.

He worked as a private typist after doing Higher Secondary in 1965 to add to the income of the family so that his elder brother could continue his studies of engineering at Jodhpur.

Now he is a renowned Income Tax Consultant of Sirsa (Haryana) and Delhi. He himself also kept on studying both as a private and regular student. He passed Inter (Com) from UP Education Board in 1968. In 1970, he passed B.A. from National College (Evening), Sirsa (Punjab University). In 1973, did B.Com from Delhi University through correspondence, and in 1977 did an LL.B. private from Kurukshetra University



August 2023

E-magazine Credits:-  
Grishma Bhatia

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*Shrutika Jha*

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# Education

**Tata Institute of  
Social Sciences,  
Mumbai**

MA Social Work in  
Criminology and  
Justice.

2018-2020

CGPA: 7.6/10 (Rank 2)

**Acharya Narendra  
Dev College,  
University of Delhi**

BSc Hons Biomedical  
Science. 2015-2018

CGPA: 7.9/10 (Rank 3)





# Work Experience

## **Research Analyst**

Academy of Management Studies. September 2020-July 2021.

## **Unit Head, Research Team, Delhi**

Academy of Management Studies. July 2021-Current.

## **Planning and overseeing execution of 60+ Socio-economic Research studies**

Evaluation & Impact Assessment studies and Large-Scale Surveys.

## **Leading a team of 8+ Research Analysts, 2+ Data Analysts and 30+ Field Investigators**

### **Clients worked with:**

State Governments and Central Government of India, and reputed National & International development agencies such as UNDP, World Bank, NABARD, IFPRI, TRAI, Save The Children, Magic Bus Foundation, JHPIEGO, CSIP, Heifer International etc.

# Awards and Conferences



## **Paper Presentation**

at 4th International Conference of the South Asian Society of Criminology and Victimology (SASCV), Ahmedabad (2020).

## **Best Presentation Prize**

at Social and Political Sciences Annual Graduate Research Symposium, Monash University, Australia (2019).

## **Silver Jubilee Best All-Round Student,**

Acharya Narendra Dev College, University of Delhi (2018).

# Research and Publications

## **Rapid Needs Assessment Survey of Criminal Justice Affected Persons and their Families**

With Prayas, CCJ, TISS, Mumbai (2021)

## **The Untold Stories: An Exploratory Study of the Journeys of Parents of Children in Conflict with Law**

MA Dissertation, TISS, Mumbai (2018-2020)

## **The Parents' Outlook- Experiences and Problems faced by Parents while Caring for their Disabled Children**

Project under Education in a Lively Innovative Environment (ELITE), DU (2017)

# Field Work



## **Byculla District Prison via Prayas, TISS | Mumbai, Maharashtra June 2019-December 2019**

- Case work and group work interventions with 50+ under-trial women prisoners and their families, their rehabilitation (livelihood, education, shelter, medical).
- Interventions related to legal procedures and citizenship/residential documentation with the under-trial women prisoners, in coordination with police and judicial system.

## **SNEHA | Bellary, Karnataka April 2019**

- Case work and Group work interventions with children, women and youth with special focus on devadasis and their children in 15+ villages.

## **Mentor Together| Mumbai, Maharashtra July 2018-February 2019**

- Case work and Group work interventions with underprivileged students of 10+ BMC Schools, providing them one on one mentorship.
- Planning and Organizing surveys, home visits and sessions for pre-match and post-match processes in schools in and around Mumbai.

# Skills

## **Research (Data Analysis and Report Writing):**

Monitoring and Evaluation, Social Audits, and Impact Assessment (Quantitative & Qualitative), Proposal and Budget Development, Tool Development, Report Writing and Data Analysis, Handling Large Datasets, Presentation Skills.

## **Managerial Skills:**

Team Management, Client Facing Role.

## **Field Work:**

Case work, Group work, Data collection, Documentation, Participatory Rural Appraisal.

## **Technical Skills:**

Microsoft Office, SPSS, Atlas.ti, R, Google Data Studio.

# Volunteering Experience

## **Mentor Together | Mentor - Placement Readiness, Gender Focused Program**

June 2023 - Current

- Group Mentorship of 4 Postgraduate students for placement readiness.

## **GoodLiving.Eco | Fundraising Volunteer**

June 2021 - February 2022

- Fundraising for building climate resilient, sustainable and affordable housing in Auroville, Pondicherry.

## **BRIDGE | Core Team Member**

December 2018 - August 2021

- Part of the core team of a student led initiative, aiming to strengthen the Students' Aid mechanism at TISS, Mumbai.

## **DHWANI | Core Team Member**

August 2015 - 2018

- Part of the core team of a student led theatre group - Planning and overseeing the execution of various street plays, stage plays and theatre galleries focusing on socially relevant themes.



# Founder



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MOTIVATIONAL SPEAKER, PRANIC  
HEALER, POET, SINGER AND  
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*Founder*



*Grishma Bhatia*  
*E-magazine Head*



*Rohit Bisaiya*  
*Senior Journalist*



*Arushi Mukhopadhyay*  
*Graphic designer*



SHIKSHA SAMAROH

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